

## APPENDIX H

### THE MAJOR SKELETAL MUSCLES OF THE HUMAN BODY

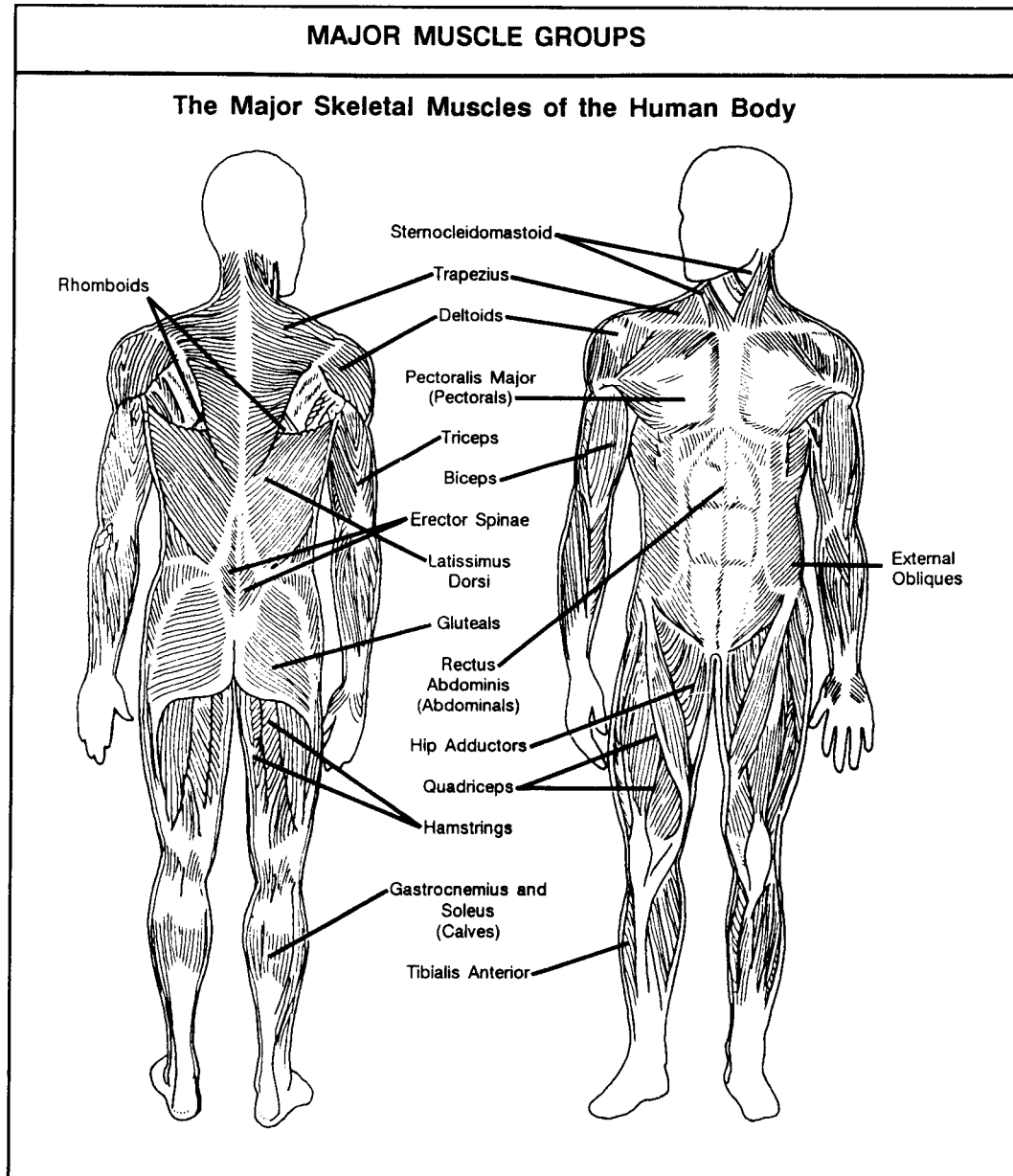


Figure H-1

The iliopsoas muscle (a hip flexor) cannot be seen as it lies beneath other muscles. It attaches to the lumbar vertebrae and the femur.